

Friday 22.12.23

## Support Resources for Prague Shooting

**Silence for the victims of the attack on the FF UK** - on Saturday, December 23, from 3 p.m., there will be silence and prayers for all those affected by the events of today in the church of St. Martin in the Wall.  
 You can find more information about the event on [the website of the Czechoslovak Evangelical Church](#) .

Organisation	Type of Service	Contact
Official crisis helpline for the shooting	free crisis hotline for the shooting	+420 974 823 158
Victim Support Europe	Map of victim support organisations (VSE members) – who support victims of crime in their own countries	<a href="https://victim-support.eu/help-for-victims/find-help/">https://victim-support.eu/help-for-victims/find-help/</a>
NUDZ	offers outpatient psychological and psychiatric assistance to shooting victims	<a href="https://www.nudz.cz/aktuality-a-akce/nudz-nabizi-ambulantni-psychologickou-a-psychiatrickou-pomoc-obetem-strelby">https://www.nudz.cz/aktuality-a-akce/nudz-nabizi-ambulantni-psychologickou-a-psychiatrickou-pomoc-obetem-strelby</a> Petra Gašparová, station nurse Phone : +420 283 088 244 Phone: +420 283 088 139 Phone: +420 283 088 161 E-mail: <a href="mailto:ambulance@nudz.cz">ambulance@nudz.cz</a>
Carolina Center of Charles University	Chat support	For students of the university - <a href="http://www.centrumcarolina.cuni.cz/CC-379.html">www.centrumcarolina.cuni.cz/CC-379.html</a> For non-students <a href="https://centrumcarolina.cuni.cz/CC-51.html">https://centrumcarolina.cuni.cz/CC-51.html</a>

<b>Erasmus Student Network of Charles University</b>	For English-speaking support, two phone lines available for mental health support during this time. You do not need to be a student to call these lines.	+420 974 834 688 and +420 773 177 63
<b>24/7 SPIS crisis line for relatives and survivors</b>		+420 227 272 225
<b>In IUSTITIA</b>	Psychological help crisis line of offers immediate crisis intervention and follow-up care for shooting victims	+420 773 177 636, +420 773 177 844
<b>Safety line</b>		116 111
<b>First mental help line</b>		116 123
<b>CR POLICE crisis line</b>		974 823 158
<b>The Psychological Department of the Prison Service of the Czech Republic</b>	assembled a group of psychologists and therapists throughout the Czech Republic who are ready to provide therapeutic care to all those in need during the Christmas holidays and in the medium term. They provide the service both in the field and in their offices. Prison chaplains are ready to provide spiritual support to patients in need.	Václav Jiříčka (leading psychologist), <a href="mailto:vjiricka@grvs.justice.cz">vjiricka@grvs.justice.cz</a> , +420 724 301 930  Soňa Haluzová (deputy head psychologist), <a href="mailto:shaluzova@grvs.justice.cz">shaluzova@grvs.justice.cz</a> , +420 724 094 678
<b>The Czech Association for Psychotherapy</b>	Updated information on psychologists	<a href="https://czap.cz/Pomoc-FFUK">https://czap.cz/Pomoc-FFUK</a>
<b>The Association of Clinical Psychologists</b>	offers on its website an interactive map of all clinical-psychological workplaces where those affected can search for available help.	<a href="https://www.akpcr.cz/PomocFFUK">https://www.akpcr.cz/PomocFFUK</a>
<b>Information for English speaking people</b>	This is a wide-ranging list of organisations that may help foreign speakers	<a href="https://www.praguetherapy.com/emergencies">https://www.praguetherapy.com/emergencies</a>
<b>Bílý kruh bezpečí</b>	Victim support services, provide a range of support, legal, practical, psychological. They also run a helpline 24/7, available also in ENG.	<a href="https://www.bkb.cz/en/">https://www.bkb.cz/en/</a> NONSTOP linka pro pomoc obětem 116 006 (24/7 Helpline, available in CZ and ENG)